

Getting Started with the Michigan 4-H State Awards Individual Senior Application

(4-H Members 16-19 years old)



**Workforce
Preparation**



Career Skills



Achievement



Networking

The Michigan 4-H State Awards Program provides 4-H members a learning experience where they can develop career skills by using your 4-H experiences to compile a portfolio similar to a professional application while receiving recognition for their 4-H involvement. The application process will help you build your skills in communication, literacy, record keeping, and marketable skills. The application will require you to reflect on your past 4-H experiences and provide thoughtful responses. 4-H State Awards recognize youth for their engagement and learning in the 4-H program, focusing on the skills they have gained; not necessarily the past achievements and awards received. Once completed, your portfolio may be a useful tool that can be referenced when completing future job, college, or scholarship applications.

The 4-H State Award Program seeks to recognize Michigan's top 4-H members. 4-H members should find this experience challenging, but also rewarding. There are minimum quality standards in place throughout the process to encourage 4-H members to put forward their best effort and hold themselves to high expectations.



Research by the National Association of Colleges and Employers indicates that employers are seeking college graduates for entry-level positions with the following soft skills:

- Ability to verbally communicate with persons inside and outside the organization
- Ability to make decisions and solve problems
- Ability to obtain and process information
- Ability to plan, organize, and prioritize work
- Ability to analyze quantitative data
- Technical knowledge related to the job
- Proficiency with computer software programs
- Ability to create and/or edit written reports
- Ability to sell or influence others

The Senior 4-H State Awards Experience

4-H members 16-19 years old submit a Senior 4-H State Award application. Up to 12 applicants in each project area may be named State Awards finalists and be invited to be recognized at the 4-H State Awards Celebration during 4-H Exploration Days. 4-H State Award finalists are encouraged to attend 4-H Explorations Days, where they will select from over 100 sessions to attend during the event.

Senior finalists will schedule an interview with the selection committee for their project area in early June. Finalist interviews will take place through video conference (Zoom). While face-to-face interviews are valuable, many companies are moving in the direction of screening potential employees through first round virtual interviews; utilizing this approach, finalists will have the opportunity to fully participate in 4-H Exploration Days.

The 4-H State Awards Celebration will be held on Wednesday afternoon of 4-H Exploration Days.



What do past 4-H State Awards delegates say about the program?

- The application and interview process tends to be similar to doing the same for a job. This has been main source of experience in these career related skills, and I feel that I am far more prepared to do this for a job.
- This program was beneficial because of the skills I learned will help me in the future.
- I learned how to dress for a professional interview.
- The application process helped me learn to format resumes, interview for possible jobs, and express myself through my writing.
- Having a practical experience from wring a resume to interviewing helps practice and get me used to the process.
- Knowing what I could improve on for the interviews for jobs and applications is most valuable to me, so I know what I have going good for me and what I still need to improve on.
- I have learned more about the ways that I can challenge myself in 4-H, and the kinds of ways other youth are getting involved.

4-H State Award Project Areas

- * Beef Science
- * Birds and Poultry Science
- * Career Development
- * Civic Engagement and Service
- * Companion Animal Science
- * Consumer and Family Science
- * Dairy Science
- * Environmental Science
- * Equine Science
- * Food, Nutrition, Health, and Fitness
- * Gardening and Horticulture
- * Goat Science
- * Leadership
- * Rabbit and Cavy Science
- * Science, Technology, Engineering and Mathematics (STEM)
- * Sheep Science
- * Shooting Sports
- * Swine Science
- * Versatility
- * Visual, Performing and Expressive Arts
- * 4-H Achievement Award

Preparing Your Application

Applicants will need to decide the format in which they choose to submit their application. Options include written application or video application. Both options require the same information to be conveyed. It is strongly encouraged to begin working on your application early, as it will take you time to complete it and have it reviewed before submitting it. This is a great opportunity to build your skills in goal setting and time management.

Please be sure to communicate with your county 4-H Program

Coordinator early in the application process. All applications are due by

April 1; the system will open on March 1. Your completed application will be uploaded through the MSU Extension Events Registration system: <https://events.anr.msu.edu/StateAwards26/>



This document will provide you with a brief overview of the application. To find complete information about the Michigan 4-H State Awards Program, including the guidelines for writing your application, the selection process, and other important details, view the Overview and Instructions document at: https://www.canr.msu.edu/4_h_scholarships_and_recognition_program/4-h-awards-and-recognition-program/youth-recognition

Portions or entire submissions may be posted on the Michigan 4-H section of the MSU Extension website and promoted digitally in newsletters and social media.



Using AI

The use of Artificial Intelligence (AI) tools when completing your 4-H State Award application is acceptable as long as it is done in the appropriate way. You can use AI to help you brainstorm, improve your grammar and spelling and suggest better ways to say something. AI can help fine-tune your application, but your ideas must come from you to reflect growth and integrity. Michigan 4-H has developed a [document](https://www.canr.msu.edu/resources/ai-guidance-for-4-h-youth) (<https://www.canr.msu.edu/resources/ai-guidance-for-4-h-youth>) to assist you when using AI.

Your 4-H State Award application will be submitted as one complete word document or video containing the following pages (or content) in this order. Although the guidelines indicate maximum word counts, there is not a minimum word count for each response; however, you are encouraged to use at least ½ of the allowable space, time limits for videos are recommended but ultimately applicant should use adequate time convey their message as close to the maximum time mentioned above. Remember, this is the judges' only opportunity to learn about you and your project; your goal is to show them why you deserve this award.

****For video applicants' direction for each of the sections, directions were included above in the guidelines. Video applicants will submit a written cover letter, resume and autobiography, the video portion will only cover the 4-H Experience/Impact story and the questions.**

- **Page 1:** Cover Letter (1 page, Maximum 500 words; do not title/label this page)
- **Page 2:** Résumé (1 page; do not title/label this page)
- **Pages 3-5:** 4-H Experience and Impact Story (1-3 pages, Maximum 1500 words. See Overview and Instructions document for directions to write your story.)
- **Application Questions** (8 pages; Maximum 500 words for each question)
For the following questions, include only information that relates to the 4-H award area for which you wish to be recognized. Include the question in your application prior to your response.
 - Page 6:** Identify up to four areas of content/project knowledge you have learned in your 4-H project. Describe what you have learned and how you learned it.
 - Page 7:** Choose four life skills from the diagram included in this packet (one each of Head, Heart, Hands, and Health) and describe how you have learned or developed each life skill through your 4-H project.
 - Page 8:** Describe how you plan to use content knowledge learned in your project in your future outside of 4-H.
 - Page 9:** Choose four life skills from the diagram included in this packet (one each of Head, Heart, Hands, and Health) and describe how you have learned or developed each life skill through your 4-H project.
 - Page 10:** Describe how you have used any life skill (from the diagram) in your own 4-H project.
 - Page 11:** Describe how you plan to use any life skill (from the diagram) in your future outside of 4-H.

For the following questions, list information about your overall 4-H experiences. Information does not have to relate to the award area for which you wish to be recognized.

Page 12: Identify up to three 4-H leadership experiences you have had and describe their significance to your personal growth and development.

Page 13: Identify up to three 4-H citizenship or community service experiences you have had and describe their significance to you and your community.

- **Page 14:** Autobiography (Maximum 150 words; Write an autobiography (in third person) that summarizes your application, life goals, and 4-H involvement. This summary will be used to introduce award winners during the 4-H State Awards Recognition Celebration)

The following information (for each group representative) will be requested in the Events Management system when you submit your application. You will upload your final award application and photo through the Events Management platform. Be sure to have all the information and your attachments ready when you submit your application.

Name:

Address:

City: State: Zip:

Home Phone:

Email address:

County (where you are enrolled):

Years in 4-H: Grade in School: Age (as of January 1, 2025):

Name of 4-H Club or Group (can list more than one):

Project Award Area:

Age Division:

I previously won a State Award in

What age division were you in when you received the award?

Receiving a Michigan 4-H State Award is a prestigious honor. As such, it is encouraged that your application reflects your best work and represents you in a professional manner. It is recommended that you have your application reviewed by others (peers, parents, teachers, 4-H leaders, etc.) prior to final editing and submission.

Please list your reviewers:

A copy of your application will be emailed to your county's 4-H Program Coordinator and your 4-H leader to verify accuracy. Enter their information below.

4-H Program Coordinator's Name:

4-H Program Coordinator's Email:

4-H Leader's Name:

4-H Leader's Email:



Figure 1. Hendricks, P.A. (1996). *Targeting Life Skills Model: Incorporating Developmentally Appropriate Learning Opportunities to Assess Impact of Life Skill Development*. Ames: Iowa State University Extension and Outreach.