

 Soybeans are planted in the spring and harvested in the fall. They are the only plant source

## of complete protein.

- 2 million acres are grown per year in Michigan. Soybeans are the second largest crop in the state and add \$1 billion to Michigan's economy annually.
- Animals are soybeans #1 customer.
- Soyfoods offer numerous health benefits such as reduced risk of

## heart disease and management of diabetes.

 Many environmentally – friendly products are made from soybeans: paint, silk, fuel, cleaning products and more!

## MICHIGAN STATE UNIVERSITY EXTENSION