



January - December 2022

## ANNUAL REPORT

### MSU Extension Houghton & Keweenaw Counties

Food • Ag • Youth • Health • Environment • Community

Since 1914, Michigan State University (MSU) Extension has helped residents in Houghton and Keweenaw Counties improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**46**

Programs hosted  
in  
Houghton and  
Keweenaw  
Counties

**874**

Participants  
attended  
programs  
hosted in  
Houghton-  
Keweenaw  
Counties

**267**

MSU Extension Programs  
(in county, online or  
statewide) were  
attended by Houghton-  
Keweenaw County  
residents

**1,354**

Houghton-  
Keweenaw  
County Residents  
attended MSU  
Extension  
Programs (in  
county, on-line or  
statewide)

**2,000**

Facebook  
reach

**852**

Individual class  
sessions  
attended

**33**

Submissions  
to Ask  
Extension

**58**

Programs  
delivered by  
Houghton-  
Keweenaw  
County staff

### HOUGHTON/KEWEENAW COUNTY STAFF

**1**

Community  
Nutrition  
Instructor

**1**

Tourism/Community  
Development  
Educator

**.5**

4-H Program  
Coordinator

**1**

MI Sea Grant  
Educator

**35**

Partnerships  
and  
coalitions

# HOUGHTON-KEWEENAW COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy. Highlights include:

- Heroes to Hives 2022 Online Course
- Pollinator Champions Free Online Course
- Beef Quality Assurance Training
- MI Ag Ideas to Grow With Conference
- UP Agriculture for Tomorrow Conference
- Commercial and Residential Soil Testing
- Smart Gardening with Vegetables 101 Online Course

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations. Highlights include:

- 2022 Michigan Birding 101 Spring Course
- Birding 101 Fall Refresher – 2022
- Lake Superior Fisheries Workshop 2022
- MI Paddle Stewards Online Course
- Great Lakes Conference 2022

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan. Highlights include:

- Current Issues Affecting Michigan Local Governments
- 2022 Zoning Administrator Certificate Program
- Facilitation: Eagle Harbor Township Tourism Stakeholder Visioning
- Laurium Community Visioning Session - Boards and Commissions

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce food borne diseases and become leaders in the food industry. Highlights include:

- RELAX Alternatives to Anger Series
- Stress Less with Mindfulness
- Tai Chi for Balance
- Tai Chi Part II
- Healthy Lifestyle Choices
- Senior Project Fresh
- Cottage Food Law – Houghton County
- Preserving MI Harvest
- 2022 Desire 2 Learn (D2L) Food Preservation Course

## 4-H Programs and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention. Highlights include:

- 1st AID/CPR Training
- Houghton-Keweenaw County 4-H Swim & Gym
- Performance of A Christmas Carol at Rozsa Center for Performing Arts
- Houghton-Keweenaw 4-H Spring Discovery Day Camp
- Farm on the Town
- Camp Adventure at the Marsin Nature Retreat and Preserve
- Minnesota Multi-state Hit Me with Your Best Shot 4-H Photo Contest
- 4-H Volunteer and Leader Appreciation & Youth Awards Banquet
- 4-H Exploration Days
- 4-H Beef Series: Statewide
- Virtual Skillathon 2022

## Houghton-Keweenaw County 4-H

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

**14**

Clubs/Programs

**133**

Members

**27**

Adult Volunteers