

On the Cover

10 Cents a Meal is a celebration of local, Michigan-grown food for our state's children. Kalamazoo-based photographer, Sarah Rypma, has helped capture the program's essence through photos of 10 Cents a Meal grantees and their staff; community partners; and farmers and producers.

All photos appearing in this report are courtesy of Sarah Rypma.

Data Sources

Michigan Department of Education, Grantee Purchasing Data MSU Center for Regional Food Systems, Preliminary Evaluation of Survey Results

The data presented in this report are based on information reported by 242 different grantees through electronic evaluation surveys (3) during the year and 230 grantees that shared purchasing information.

10 Cents a Meal Implementation Team



10 Cents a Meal is implemented by the Michigan Department of Education (MDE) with support from the following partners:



MICHIGAN STATE

Center for Regional Food Systems



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Photo at left: Pears growing at Keep Growing Detroit Farm in Detroit, Michigan.

INTRODUCTION

10 Cents a Meal for Michigan's Kids and Farms provides schools, early care and education sites, and other organizations participating in USDA Child Nutrition programs with grant funds to pay for Michigan-grown fruits, vegetables, and dry beans to strengthen the local food supply chain and enrich nutrition and educational experiences for children in Michigan.

Program Goals

- Improve daily nutrition and eating habits for children through local purchasing.
- Invest in Michigan agriculture and related local food business economy.
- Build and expand Farm to School Partnerships—including teachers, parents, vendors, and local growers.
- Provide education and marketing, including meal promotion, nutrition and agriculture education, and promotion to families and communities.

Program Year Overview

- In the 2023-2024 program, **269 school districts, early care and education sites** (ECEs), and other childcare sponsors were **awarded over \$9.1 million in** funding.
- Throughout the year, **242 different grantees** shared information through electronic evaluation surveys and **230 grantees** shared purchasing information.
- Grantees were comprised of 249 schools and districts, 19 childcare sites, and one community feeding site across the state.
 - Additionally, **70 childcare centers and family day care home providers** participated in a pilot program through 10 Cents a Meal.
- Collectively, grantees served over 590,000 children in 66 of Michigan's 83 counties.
- Similar to previous years, grantees reported differing levels of experience purchasing local foods for food programs: 24% indicated that they had 10 years or more of experience (58 out of 251 grantees) while 19% indicated that they were newer to purchasing local foods (48 grantees), with one year or less of experience before participating in 10 Cents a Meal.

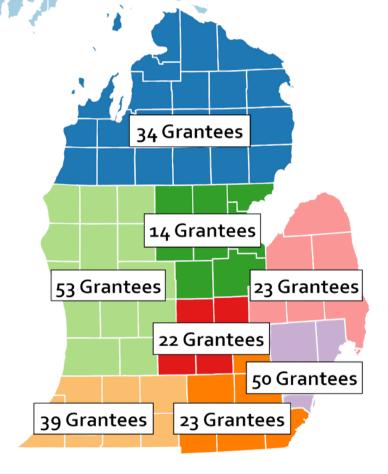
10 CENTS A MEAL GRANTEES MAP



Key

Michigan Association of Superintendents and Administrators (MASA) Regions





Full list of awarded grantees available in Appendix A.

IMPACTS FOR CHILDREN AND FOOD PROGRAMS

Expanding Tastes

- The majority of grantees (81%) reported that 10 Cents a Meal grants allowed them to try new products in their food program that they would not have otherwise tried.
- Grantees reported trying for the first time **37 types of vegetables and 17 types** of fruits.
- The top ten new Michigan-grown foods reported by food program managers in evaluation surveys (in order) were apples, asparagus, blueberries, radishes, plums, carrots, cucumbers, peaches, cherries, and summer squash.
- Eighteen grantees reported purchasing Michigan-grown dry beans for the first time— the highest number reported in 10 Cents a Meal history.
- 10 Cents a Meal's role in increasing access to healthy Michigan-grown foods is particularly important as evaluation findings show the program is reaching and serving a wide range of children who participate in grantee food programs.

Increasing Food Access and Consumption

Most grantees agreed that their food program or food service operation was positively impacted through participating in the program. Food program managers (FPMs) reported that 10 Cents a Meal:

- allowed them to offer more local fruits to students and children (86%),
- increased fruit consumption among students and children (81%),
- allowed them to offer more local vegetables (79%), and
- increased vegetable consumption among students and children (70%).

Thanks to 10 Cents a Meal grants, Michigan kids tried paw paws, black radishes, pea shoots, saskatoon berries, sunchokes, shishito peppers, and more during the 2023-2024 program year.

Early Care and Education Settings

- Nineteen grantees (about 7% of all grantees) were childcare sites.
- Of those, 10 childcare site grantees reported that they served new Michigangrown fruits, vegetables, or dry beans for the first time. These included **20** new types of vegetables, 10 types of fruits, and one variety of dry beans.
- The top five types of activities (in order) that childcare sites conducted to support local food purchasing were promotional posters, taste testing, on-site garden activities, social media, and nutrition education in the classroom.
- Evaluation findings show that participating childcare grantees continue to be successful in reaching a variety of outcomes through the program, such as purchasing and serving a wide variety of Michigan-grown foods and conducting a range of different farm to early care and education activities.



Photo at left: A child helps themself to bowls of mixed berries, and fresh asparagus and green beans at Bright Light Early Care and Education in Battle Creek, Michigan.

Program Training

- Grantees were asked about their preferred training formats and together they reported:
 - Virtual, live (147 grantees),
 - Online self-paced training (130 grantees),
 - In-person (111 grantees), and
 - Virtual, pre-recorded (110 grantees).
- Based on grantee feedback, 10 Cents a Meal program administrators offered five in-person trainings, one virtual training, virtual office hours by request, and one self-paced online training to help grantees complete the program application and submit purchase information.
- Nearly three-quarters of grantees (188 out of 255 responding grantees) provided suggestions for training topics. The top reported topics (in order) included support with procurement/vendor relationships (32% of responses), recipes/culinary instruction (24%), seasonality/availability of local foods (12%), purchase submission (10%), and marketing (8%).

Outcomes for Food Programs

Grantees reported that the top five outcomes (in order) that 10 Cents a Meal helped food program operations achieve were:

- the variety of produce served in the food service program has increased (151 grantees),
- ability to plan local produce and dry bean purchasing with greater certainty (97 grantees),
- purchasing power was enhanced (89 grantees),
- food vendors and farmers are more willing to supply our food service program (83 grantees), and
- food purchasing budget increased (82 grantees).

"I like to look at my menu seasonally— fall, winter, spring. I then incorporate seasonal menu items into our menu and utilize recipes, past menus, and speak with our farmers to plan ahead." —Public school district grantee

Engaging Students, Children, and Community

Ninety-three grantees reported that taste tests were conducted during the grant year (40% of responding grantees). Altogether, they reported at least 49 different Michigan-grown foods tried through taste tests. The top five Michigan-grown foods that were taste tested (in order) were apples, cucumbers, blueberries, tomatoes, and strawberries. Some of the foods that grantees reported serving through taste testing activities included black bean and corn salsa, kale and butternut squash salad, assorted vegetable dip, fruit smoothies, and apple cobbler.

The top five activities to support local foods served through 10 Cents a Meal as reported by grantees were:

- Promotional posters (16% of total activities reported),
- Taste testing (15%),
- Nutrition education in the cafeteria (10%),
- Social media (9%), and
- Decorations (9%).

LOCAL FOOD ECONOMY IMPACTS

Key County of a Participating Farm

C.



Grantees purchased more than **60 varieties** of fruits, vegetables, and dry beans grown by over **270 farms** in **60 counties** according to purchase submissions.

An additional 51 businesses such as distributors, processors, packers, and food hubs were impacted.

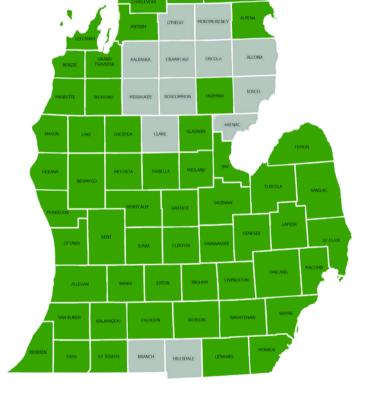




Photo above: Fresh lettuce ready to be harvested at Partridge Creek Farm in Ishpeming, Michigan.

Market Opportunities

- One hundred grantees (of 255 responding grantees) reported at least once throughout the year that there were Michigan-grown fruits, vegetables, or dry beans they wanted to use but have not been able to find or buy.
- The top ten Michigan-grown foods of interest among food program managers (in order) were strawberries, blueberries, cherries, peaches, lettuce, dry beans, asparagus, tomatoes, pears, and cucumbers.
- There are a variety of foods that grantees continue to report as wanting to serve but they could not find or buy. These findings could help identify areas for improvement so that grantees can be better supported to purchase more of their desired foods.





Photos above: Michigan apples being sliced and packaged at ValleyHUB, Kalamazoo Valley Community College's food hub in Kalamazoo, Michigan.

Farm Supply Chain Impacts

- Evaluation findings show that FPMs are reporting purchases from a wide range of farmers and food suppliers across the state.
- Over half of grantees reported that participation in 10 Cents a Meal allowed them to make connections with new farmers or food suppliers (59%).
- Ninety-four grantees reported that participation in 10 Cents a Meal allowed them to improve existing relationships with farmers or local food suppliers (41%).
- Six out of ten childcare center grantees reported that 10 Cents a Meal allowed them to connect with new farmers or local food suppliers, and it allowed them to improve existing relationships.
- In the fall of 2024, a series of discussions took place with the 10 Cents a Meal team and **eight individuals representing small farms and businesses** around the state. **Some of the top themes from the discussions included:**
 - Farmers need funds to scale up their businesses to better serve 10 Cents a Meal grantees.
 - It takes a significant time to build relationships and connect to 10 Cents a Meal grantees.
 - There are regional influences on the infrastructure needs of farmers.
 - There is a desire for more collaboration with farmers, including across sectors.

"We hear all the time from grantees, 'I need help connecting with farmers, I don't know how to start relationships, I don't know what it's going to be like because I'm so used to working with [broadline distributor].' This is a whole new world for them, they don't even know how to get started." —Urban Farmer

APPENDIX A: 10 CENTS A MEAL GRANTEES

Full list of awarded grantees based on the Michigan Association of Superintendents and Administrators (MASA) regions

REGION 1

Bark River-Harris School District Brimley Area Schools Chassell Township School District Escanaba Area Public Schools GOCAA Head Start Hancock Public Schools Houghton-Portage Township School District Negaunee Public Schools Public Schools of Calumet, Laurium & Keweenaw Rudyard Area Schools Superior Central School District West Iron County Public Schools



REGION 2

Alcona Community Schools Alpena Public Schools Angel Care Child Care Bear Lake Schools **Benzie County Central Schools Boyne Falls Public School District** Central Lake Public Schools Crawford AuSable Schools East Jordan Public Schools **Elk Rapids Schools** Frankfort-Flberta Area Schools Glen Lake Community Schools Harbor Springs School District Houghton Lake Community Schools Kaleva Norman Dickson School District Kalkaska Public Schools **Kingslev** Area Schools Leelanau Children's Center Leland Public School District Mancelona Public Schools Manistee Area Public Schools Northport Public School District Onekama Consolidated Schools Pellston Public Schools Public Schools of Petoskey **Rogers City Area Schools Roscommon Area Public Schools** St. Francis High School St. Mary School Suttons Bay Public Schools Traverse City Area Public Schools Vanderbilt Area Schools West Branch-Rose City Area Schools Whittemore-Prescott Area Schools

REGION 3

Allegan Public Schools Baxter Community Center Inc Clubhouse Childcare Services LLC Comstock Park Public Schools Coopersville Area Public School District Crossroads Charter Academy Delton Kellogg Schools Fremont Public School District Fruitport Community Schools Godfrey-Lee Public Schools Godwin Heights Public Schools Grand Rapids Metropolitan YMCA Grand Rapids Public Schools Greenville Public Schools Hart Public School District Hesperia Community Schools Holland City School District Holton Public Schools **Hopkins Public Schools** Ionia Public Schools Jenison Public Schools Kenowa Hills Public Schools Kent City Community Schools Kent County Juvenile Detention Lakewood Public Schools Lowell Area Schools Ludington Area School District Mason County Eastern Schools Mona Shores Public School District Montague Area Public Schools Muskegon Heights Public School Academy System New Branches Charter Academy

Newaygo Public School District North Muskegon Public Schools Orchard View Schools Otsego Public Schools

Plainwell Community Schools Public Schools of the City of Muskegon Ravenna Public Schools **Reeths-Puffer Schools** Saranac Community Schools Saugatuck Public Schools Shelby Public Schools Sparta Area Schools Spring Lake Public Schools Thornapple Kellogg School District Walker Child Care Wedgwood Christian Services West Ottawa Public School District White Cloud Public Schools Whitehall District Schools Zeeland Public Schools



REGION 4

Alma Public Schools Bay City Academy Beaverton Schools Bullock Creek School District Essexville-Hampton Public Schools Harrison Community Schools Hemlock Public School District Merrill Community Schools Midland Public Schools Pinconning Area Schools Renaissance Public School Academy School District of the City of Saginaw Standish-Sterling Community Schools Swan Valley School District



REGION 5

Anchor Bay School District Atherton Community Schools **Bendle Public Schools** Carsonville-Port Sanilac School District Fenton Area Public Schools Flint Cultural Center Academy Genesee School District Grand Blanc Academy Kingston Community School District Lake Fenton Community Schools Lapeer Community Schools Mayville Community School District Michigan School for the Deaf Millington Community Schools Montrose Community Schools Mt. Morris Consolidated Schools **Reese Public Schools Richfield Public School Academy** School District of the City of Flint St. Clair County RESA Swartz Creek Community Schools Vassar Public Schools Whaley Children's Center

REGION 6

Association for Child Development Bellevue Community Schools Charlotte Public Schools Cole Academy Corunna Public Schools East Lansing School District Eaton Rapids Public Schools Fowler Public Schools Lansing Catholic High School Lansing Public School District Leslie Public Schools Maple Valley Schools Mason Public Schools (Ingham) Michigan Department of Health and Human Services Mid-Michigan Leadership Academy Okemos Public Schools Owosso Public Schools Pewamo-Westphalia Community Schools Potterville Public Schools St. Johns Public Schools Stockbridge Community Schools Waverly Community Schools

REGION 7

Bangor Public Schools (Van Buren) **Battle Creek Public Schools** Bloomingdale Public School District Bright Light Early Care & Education Calhoun County Juvenile Home **Cassopolis Public Schools** Centreville Public Schools Coldwater Community Schools Coloma Community Schools Comstock Public Schools Constantine Public School District Countryside Academy **Covert Public Schools** Decatur Public Schools Galesburg-Augusta Community Schools Gull Lake Community Schools Kalamazoo Public Schools Kids Time Inc Learning Zone Preschool and Childcare and GSRP Mar Lee School District Marcellus Community Schools Mattawan Consolidated School Mendon Community School District New Buffalo Area Schools Niles Community Schools Pansophia Academy Parchment School District Paw Paw Public School District Schoolcraft Community Schools South Haven Public Schools St. Charles Borromeo Catholic School St. Mary Assumption School Three Rivers Community Schools Tri County Council for Child Devel Union City Community Schools Vicksburg Community Schools Watervliet School District Young Child Associates YWCA Children's Center

REGION 8

Airport Community Schools Ann Arbor Public Schools **Bedford Public Schools** Chelsea School District **Concord Community Schools Dexter Community School District Dundee Community Schools** Hanover-Horton School District Hillsdale Community Schools Jackson Public Schools Jefferson Schools (Monroe) Lincoln Consolidated School District Manchester Community Schools Mason Consolidated Schools (Monroe) Michigan Center School District Milan Area Schools Napoleon Community Schools **Reading Community Schools** Saline Area Schools Summerfield Schools Washtenaw ISD Whitmore Lake Public School District **Ypsilanti Community Schools**



REGIONS 9 AND 10

A & W Day Care Center Academy of Warren American International Academy American Montessori Academy Armada Area Schools **Bloomfield Hills Schools** Caniff Liberty Academy Center Line Public Schools Christ Child House Clarenceville School District Detroit Public Schools Community District Farmington Public School District Ferndale Public Schools **Fitzgerald Public Schools** George Washington Carver Academy Huron Academy Huron School District Huron Valley Schools Keys Grace Academy Kristy's Early Childhood Lamphere Public Schools L'Anse Creuse Public Schools Little Jungle Network Madison District Public Schools Melvindale-Northern Allen Park Schools Micah Nevah Non Profit Organization Mount Clemens Community School District New Dawn Academy of Warren Oakland International Academy Oakland Livingston Human Service Agency Old Redford Academy

Plymouth-Canton Community Schools Redford Union Schools, District No. 1 **Richmond Community Schools Romulus Community Schools** School District of the City of Hazel Park School District of the City of Lincoln Park School District of the City of Wyandotte Southfield Public School District Southgate Community School District **Taylor School District** The Dearborn Academy The School District of the City of Harper Woods Trenton Public Schools Trinity Lutheran School Utica Community Schools Van Buren Public Schools Warren Consolidated Schools Wayne-Westland Community School District YMCA of Metropolitan Detroit

